

MAY KANSAS CITY EXPRESS MEETING MINUTES

May 1, 2012

- 1) Welcome new members and guests! No new members or guests.
- 2) Running/Walking/Volunteering Accomplishments
Virginia Harmer completed and PR'd the Kentucky Derby marathon
- 3) Guest Speaker – MD5k posters hosted by our very own Race Director, June Moore and Jamie LaPorte, official “Momism” Poster Coordinator
- 4) Clothing – Saskia Jacobse (kcexpresslongrun@gmail.com) and Heather uckwitz (hjbuchwitz@gmail.com)
 - a) People on the race committee who have not e-mailed Saskia your shirt size, please do so ASAP.
- 5) Membership Report – Ginger Snawerdt (kcexpressmembership@gmail.com) and Cecilia Parle
 - a) No report
- 6) Newsletter – Ginger Snawerdt and Becky Balanger
 - a) No report
- 7) Volunteerism – Tere Gathright (terewatts@hotmail.com) and Annie Schroeder (luginlife1827@yahoo.com)
 - a) **Volunteers are needed for the MD5k**
[https://secure.getmeregistered.com/get information.php?event id=6213](https://secure.getmeregistered.com/get%20information.php?event%20id=6213)
 - b) **Volunteers are needed** for our booth at the Hospital Hill Expo at Crown Center Exhibition Hall. It's right before our Open House, so it's a great time to promote our club and, we'll have fun giveaways, too. We could use 2-3 volunteers per shift (and even part of a shift helps). Please email Terry Mann krmann@mindspring.com to sign up. Dates and times need are Thursday, May 31st, 3pm – 7 pm and Friday, June 1st, 11am – 3:30 pm and 3:30 – 7pm.
 - c) From Karlie Speicher, HH Volunteer Coordinator: Hosp Hill needs many volunteers; any help from KCE would be appreciated. Go to the website at www.hospitalhillrun.com and click on 'volunteer' they will see all the needs.
- 8) Publicity and Website – Terry Mann (krmann@mindspring.com), Jennifer Fox and Meredith Lai.
- 9) Long Run Coordinator – Saskia Jacobse (kcexpresslongrun@gmail.com)
- 10) Walking Coordinator - Debbie Adair and Penny Terwelp (kcexresswalkers@gmail.com)
- 11) MD5K – June Moore (racedirectormd5K@gmail.com)
- 12) Hospitality –Mary Allison (mary333ann@yahoo.com) and Cecelia Parle

Old/New Business:

- 1) GO Red luncheon May 4rd at the Overland Park Convention Center. Make sure you contact Terry Mann for additional information krmann@mindspring.com
- 2) 30th Birthday Destination Race – Katrina Allen and Alisa Mueller
kcexpresspresidentelect@gmail.com

**The Women's Half Marathon Race Series featured in Women's Running Magazine
September 22nd in Nashville, TN**
<http://www.womenshalfmarathon.com>

- 3) Training for the MD5K at SM Hospital final Tuesday May 8th – Terry Frazen
- 4) From Ann Lento, this reminder: Olive Drew, a dear former member, will be 96 on May 8th. Her health is failing. She lives with daughter Dedra Bautts. If some birthday cards or thinking of you cards could be sent from KC Express, it would brighten the days for both of them. Address: 12308 Farley, OP, KS 66213.

Next Meeting: Tuesday, June 5th – Open House!

May Birthdays: Happy Birthday to all of the May Birthdays! Thanks for bringing treats to share.

Look for KC Express Long Run Group and KC Express Mother's Day 5k on Facebook!