

Join us! Kansas City Express is part of the Mid-America Running Association (MARA). You join KC Express by becoming a MARA member; there are no additional fees. The cost per year is \$35 for a membership that includes the entire family, \$30 for an individual, and \$25 for seniors (60+). Send the completed form below and your check payable to MARA to:

**MARA Membership Director
14002 W. 146th St.
Olathe, KS 66062**

**2008 Membership Form
KC Express and Mid-America Running Association**

Name _____

Address _____

City _____

State _____

Zip _____

Phone (home) _____

Phone (work) _____

Phone (cell) _____

E-mail _____

Membership Waiver & Signature:

I know that running, walking, & volunteering to work in races are potentially hazardous activities. I should not participate in club activities unless I am medically able & properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete any run or club activity. I assume all risks associated with participating or volunteering in club races including, but not limited to, falls, contact with other participants, effects of weather, including high heat & humidity, road conditions, & traffic on the course, all such risks being known & appreciated by me. Having read this waiver, and in consideration of your acceptance of my membership application, I, for myself and anyone entitled to act on my behalf, waive and release RRCA, MARA, KC Express, and all sponsors, their representatives & successors, from all claims or liabilities of any kind arising out of my participation in club activities even though that liability may arise out of negligence or carelessness on the part of the persons/groups named in this waiver. I grant permission to all of the foregoing to use my name, likeness and identity in any photographs, videos or recordings in any media for any legitimate promotional purpose.

Signature _____ Date _____

Parent signature if under 18 _____

AMOUNT ENCLOSED

- _____ \$35 Annual Family Membership
- _____ \$30 Annual Individual Membership
- _____ \$25 Annual Senior Membership (60+)